



August 2015

Dock Talk is a publication of the Healey Lake Property Owners Association (HLPOA)

From the President

David Latter

We have had a good start to the 2015 summer season on Healey Lake. The temperature was up and precipitation down, for a change from the last two summers. The bottle drive was very successful again this year. Thanks to all of you who donated your empties and those that ferried the bottles and cans from the docks to the barge, where they were sorted and transferred to Bob Barrett's trailer. There were a lot of helpers but we all owe a special thanks to Charlie Smith and Bob Barrett for providing the barge, acting as captains and returning the bottles to the beer store. \$1100 was raised.

Charlie Smith organized the purchase of replacement fire pumps and attachments. Several of us who wanted our own pumps took advantage of the opportunity to bulk buy and purchase at a discount. The pumps are a service provided by the Association and were successfully used this spring to protect the forest during a cottage fire. Please make yourselves familiar with the location and operation of the pumps so they can be readily accessed in an emergency.

The HLPOA has a new insurance provider and improved coverage thanks to our association with the Federation of Ontario Cottagers Association (FOCA). The Regatta was a big success again this year, skillfully organized by Angie Reichenbach and her large team of volunteers. The Healey Lake hoodie was a big seller. Only XL and XLL sizes are left.

Angie may have another printing of the smaller sizes, if there is enough demand. You can order from her directly.

Dan MacLeod did noble service as the MC once again. This is his last year (after a decade on the

job) so any of you with the gift of the gab and the cadence of the auctioneer, please step forward to take over from Dan.

Don't forget to mark your calendars for the fall general meeting. **September 6 at Healey Lake Lodge**. If you need to reach me I am at 416 407-4965 and dlatter@bellnet.ca.

Mark Your Calendar Now

HLPOA Fall Meeting Healey Lake Lodge –10 am	Sept. 6
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Regatta

Angie Reichenbach, Coordinator

Cottage phone: 647-297-8518

On Saturday, August 1st the beach at Lakeshore Marina came alive for our annual Healey Lake Regatta. Race sign up began in earnest at 9 a.m. and many friends, family and Healey Lake neighbours reconnected while sipping a hot coffee and waiting for the first race to begin. As coordinator of Regatta, it was a very exciting year as we had a completely new volunteer team and many people were running tables or events for the first time. As with anything new, there was a lot of learning and adjusting as we went but everyone did it with a smile and much laughter.

It takes a lot of people to make regatta happen and this year was no exception. We welcomed over thirty volunteers, including a team of planners. A big, big thank-you to everyone on this team! Planning began way back at a Thanksgiving Weekend meeting at my cottage and continued with everyone spending time at home and the lake preparing and organizing. Please take time to thank the planning team members when you see them on the lake: Angie Reichenbach (coordinator), Zulma Velasques (event schedule/kids games), Sue Stummer (prizes, t-shirts), Deanna Todd (prizes), Wendy Lambert (prizes), Alice Wiseman (auction, raffle), Kelly Moore (BBQ), Bob and Maxine Barrett (BBQ), Chris Moore (races, regatta sign), John Wolfe (treasurer), Cindy Johnson (crafts), The Smith Family (Beer Tent). While we can't name them all, if you know someone who offered a few hours to man tables please extend your thanks to them as well for a job well done!

This year we offered NEW Healey Lake Sweatshirts! We were quickly sold out of adult sizes but we do have some kid's sweatshirts left. They would make great Christmas Gifts for grandchildren. If you would like to purchase some sweatshirts just text or call Angie: 647-297-8518. (NEW PRICE: \$20.00)

We also added a big Regatta sign, SnoCones, Coffee on the Beach, a book and DVD table but I think the most popular new item was the wine

raffle. At our spring meeting Alice Wiseman suggested that each planner donate one bottle of wine. We found a cute basket and packaged them up and to our surprise we collected \$400 in ticket sales! What an easy idea that raised lots of money for next year's regatta.

Do YOU have any ideas for regatta events or fundraising activities? We are specifically looking for fun ideas for an older crowd of 15+. We will always have the children's events but as our lake changes we must change with it. Also, if you want to join the volunteer team you are invited to email Angie at areichenbach05@gmail.com anytime. There is always something to do!

Dock Talk contributors are sending along this bouquet and our congrats to Angie and her team for a wonderful regatta - a well organized and fun filled day. Great job all!



Christian Angie Dan Lauren

In golf and in life, it's the follow through that makes the difference.

BOATER'S CODE

Respectful boating guidelines from Safe Quiet Lakes

1. I will never operate my boat beyond the level of my skills.
2. I will be aware of and obey all laws and regulations governing operation of my boat.
3. I will operate my boat with caution and courtesy to others at all times.
4. I will minimize my wake impact on shorelines, docks, structures and people.
5. I will always steer well clear of other boats, swimmers and wildlife.
6. I will set a speed and heading that is safe and comfortable for my passengers and others on the water.
7. I will provide safety instructions and offer appropriate life jackets or PFDs to everyone who travels in my boat.
8. I will carry all equipment necessary to operate my boat safely and within the law.
9. I will not consume alcohol in my boat or allow my boat to be operated by anyone who is impaired.
10. I understand that boating is a shared experience and I will not create excessive noise or operate my boat in a manner that disrupts the peaceful enjoyment of the lake by others.



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On The Dock

Pork Tenderloin with Maple Pepper

Yield: Serves 6

Preparation Time: 5 minutes

Cooking Time: 15-20 minutes

- 2 Pork tenderloins, well trimmed about 12 oz. (375 g) each
- 2 Tbsp (30 mL) maple syrup
- 3 Tbsp (45 mL) Dijon or grainy mustard
- 1 Tbsp (15 mL) Canola oil
- 2 tsp (5 mL) course black pepper

Combine ingredients and pour mixture over pork on all sides.

On BBQ: Preheat BBQ on high; reduce heat to medium. Place pork on greased grill and cover for 15 to 20 minutes or until internal temperature registers 155°F (68°C). Remove to a cutting board. Tent loosely with foil. Let rest 5 minutes before slicing.

Pork Marketing Canada

Be on the lookout for ...

Did you know that the Massassauga rattler

- is a protected species
- numbers about 32,000 in Ontario
- is most likely to be found in the Bruce Peninsula or on the eastern edge of Georgian Bay
- likes to come out at night
- Produces a venom that can make you very ill.



Know how to identify ...
how to avoid the
Massassauga
rattlesnake and how to
treat a bite.

West Parry Sound Health
Unit in Parry Sound is a
depot for the antivenom serum

Photo by Ryan M. Bolton
Shutterstock.com

Around the lake

Stephanie Joiner

In Memory of Aileen Smith

It is with heavy hearts that we advise of the passing of Aileen Smith, a cottager on Healey Lake since the 1950's. She and her late husband Ron started coming as a newly-wed couple camping with friends. Then they selected their dream spot and built their beloved Pan-a-bode to made a wonderful cottage for their family. The cottage is located just across from Young's Island, just before the entrance to Kapikog Bay. Aileen is fondly remembered by friends and family. Thank you to her daughter Averil (Smith) King for sharing this update with us. Our thoughts are with your family at this time.

Welcome Ben & Shelley Ramolla New Owners of Lakeshore Marina!

Though this busy couple were too busy making updates to the marina and chalets to pose for pictures, please join us in welcoming them as the new owners of Lakeshore Marina and Chalets effective June 12th.

Both continue to own and run Ben's Marine on Highway 11, and will be joined at Lakeshore by their children Adam, Ben and Krista. We look forward to new updates in the days ahead.

Annual Bottle Drive

Great fun was had by volunteers at this year's annual bottle drive with



\$1141.75 in funds raised to put towards this year's events. Many thanks again to Bob and Maxine Barrett who graciously gave of their time and the use of the barge, to bargemaster Charlie Smith, and to all of the runners and many volunteers who made the day a success!



DAM Clearing

Many thanks to Mike Wiseman and Dave Jones for clearing a huge log from blocking the dam this past month. Not any easy job by any stretch. Much appreciated guys!

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Stay connected!

Association Boathouse Cleanup

July was a busy month for volunteers—thanks to the great organizing skills of Joy Marshman. A crew was assembled to clean and repair the association boathouse on the main channel. With a roof and door badly in need of repair, the crew had their work cut out for them!



Many thanks to Joy Marsh-

mann, Greg Partchenko, Peter Morley, Mark Howie, Justine Tishinsky, Nick Dragone, and Jeff Hintze who spent the day cleaning, shingling and repairing the boathouse and surrounding property! Many thanks also to Charlie Smith for doing the garbage pickup when all was said and done. A great team effort!



Volunteer of the Year

Congratulations to Bruce Phillips who received the Carol Cherepa Memorial Healey Lake Regatta Trophy for volunteerism. Thanks for all you do Bruce!



2015 Regatta

Hats off to the Volunteers who made the 2015 Healey Lake Regatta possible! Angie and the team outdid themselves this year with great prizes, sweatshirts, book exchange, kids centre and fantastic competitions and prizes. Fun was had by all! For more great pictures —catch us on the Healey Lake Property Owner's Facebook page. Many thanks to Bev Kyro for her photos



www

Councillor's Corner

Grant Walker

Water Quality Monitoring

The Archipelago partners with the Georgian Bay Biosphere Reserve (GBBR) on environmental programming, which includes coordinating the Township's water quality monitoring program. The 2014 water quality monitoring report is available at <http://www.thearchipelago.on.ca/index.php/environment/water>



Forest Health

- Beach bark disease is showing up extensively throughout Blackstone/Crane Lakes & the Healey Lake area.
- Hemlock looper is present in the Lake Muskoka and Lake Joseph area. This insect has a history of erupting quickly, and causing severe defoliation for 1-3 years, and then collapsing quickly. It has done this in the Georgian Bay area in the past.
- For more information please consult the Township of the Archipelago Forest Update 2015 at <http://www.thearchipelago.on.ca/index.php/environment/forest-health#common>

Have you renewed?

- Membership HLPOA = 192
- Have not renewed ... Please send your cheque for \$40. now. Cheque is made payable to Healey Lake Property Owners Assoc. (not HLPOA).
- Family members who share your cottage can support HLPOA with an associate membership of \$20.
- The Cottage Directory will be put together through the winter so do not miss being part of this.

Join HLPOA now!

Contact Sharon Tosswill:
sharon_tosswill@hotmail.com

Safe Quiet Lakes

The programs of the Safe Quiet Lakes (SQL) are based on public opinion. In 2013 this group, whose mission it is to improve safety and enjoyment of our treasured, shared resource, surveyed over 2300 people and found four common concerns:



1. Boats going too fast
2. Loud boat engines
3. Large wakes
4. Unsafe and considerate boating

This year, Safe Quiet Lakes supplied Healey Lake Property Owner's Association with 150 Boater's Code cards, free of charge. We made these available at the Regatta and they will be available again at the Association meeting in September. Be sure to get one of these and display it in your cottage or boat. (see p. 3)

With grants from Seguin Township and the Township of the Muskoka Lakes, SQL has made permanent large Boater's Code signs available – these are being installed at selected boat launches.

They are also working with the National Marine Manufacturers Association and the Georgian Bay Association on new policy approaches to boat engine noise for new boats.

To read the June '15 newsletter of Safe Quiet Lakes go to <http://safequiet.ca/news/2015-june-safe-quiet-lakes-newsletter/>



Ken Fleming voluntarily carries out the water sampling for Healey Lake and has done so for many years. Thanks Ken!

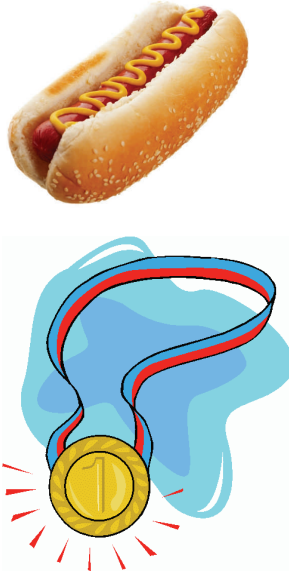
REGATTA 2015 EVENT SCHEDULE

SWIMMING	11:30 LUNCH / MEDALS !!!
Girls 6+under	KID'S GAMES (10 and under - meet at Mainers Cove Marina playground)
Boys 6+under	CANOEING - SINGLES
Girls 7-9	Girls 15+under
Boys 7-9	Boys 15+under
Girls 10-12	Ladies 16+
Boys 10-12	Men 16+
Girls 13-15	1:00pm AUCTION
Boys 13-15	CANOEING - DOUBLES
Ladies 16+	Boy/Girl 15+under
Men 16+	Ladies 16+
<small>*After your swim race go to O'SINKS</small>	Men 16+
DIVING	Parent and Child
Girls 10+under	Mixed Dbls - OPEN
Boys 10+under	Crab Race - OPEN
Girls 11-12	War Canoe - OPEN
Boys 11-12	2:30 MEDALS !!!
Girls 13-15	FIREPUMP DEMO/CONTEST
Boys 13-15	
Ladies 16+	
Men 16+	



The Regatta





The Regatta



The Dragonfly

Nancy Gilchrist

What is an Odonate? We see them daily on Healey Lake and all enjoy their presence. Well I am talking about dragonflies and there is something magical about dragonflies. Long before dinosaurs, the air was filled with dragonflies. There are reports of fossil dragonflies found with wingspans of up to two feet where now wingspan is only two to five inches since evolution. There are more than 5000 known species of dragonfly in the world.

Dragonflies begin as a nymph and both dragonflies and damselflies are found around ponds and lakes because they are aquatic. The females will deposit their eggs on the water surface or in aquatic plants or mosses. They will molt between 9 and 17 times before the dragonfly will be ready for adulthood.

In the nymph stage the damselfly breathes with gills at the end of its abdomen which are located inside its' rectum. It will pull water into its anus and when it expels the water it propels it forward. Newly molted adult dragonflies are very vulnerable and about 90% get eaten in the first few days. When they are finally ready for adulthood and molt for the last time their bodies are soft and pale. Until they harden they are a much weaker flier. However if they survive the first few days, they are masters of flight.

They have 4 wings all of which they can move independently. As well as flapping each wing up and down the dragonfly can also rotate its' wings forward and back on an axis. They are able to fly like no other insect. From straight up and down, backwards, stopping and hovering either at full speed or slow motion. They can fly about 50 km per hour in a forward motion.

Most adult dragon flies will only live for about 2 months while others will live up to one year. A dragonfly needs warmth to fly and you will

notice that they will often land when the sun goes behind a cloud. If they can't fly they'll starve because they only eat prey they catch while flying.

Dragonflies will catch their prey by grabbing it with their feet while in flight. Dragonflies eat insects and they are a great control of the mosquito population. A single dragonfly can eat between 30 to hundreds of mosquitoes per day.

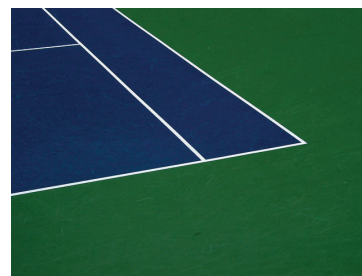
The dragonfly's head is made up of nearly all "eye". They have incredible vision and they can see from all angles except right behind them. Their mouth is located on the underside of their head.



It is very difficult to determine the sex and age of a dragonfly. To determine the sex, experts look at the spots on the abdomen, the coloured area shaped like a grain of rice helps to determine the sex. To mate, the male will grab the female's head and the tip of their abdomens will attach and form a circle. This is referred to as the "wheel" formation. Some will mate in flight while others will land

briefly to complete this ritual. The female dragonfly may have multiple partners. The male dragonfly, after mating, will guard their female partners to ensure other males will not mate with her and may even go into "wing to wing" combat for any approaching males until she deposits her eggs in the water referred to as "oviposits".

Dragonflies that survive longer than a few months will migrate to warmer climates however little is known about their migration patterns. Scientists have been tracking them by attaching tiny transmitters to their wings. Some dragonflies will only migrate about 12 km per day while other types will migrate about 160 km per day.



Have you used the new courts yet? Just great!
Book your court time at Mariner's Cove Marina.



Remembering Lake Healey

Ann Pearce

Accessing Healey Lake was difficult in the early years as the road was mud and often flooded. Sliding down the hill was not uncommon. Healey Lake Lodge was a key spot on the Lake. It had a pay phone when most cottages had no private phones. Ice cream was always served, spaghetti nights were a big hit, and in the winter snowmobiles came from afar to enjoy the warmth and fellowship. It was great when we finally got a party line phone and electricity. Earl's Marina provided gas, groceries and the Toronto papers. Swimming, canoeing, and picnicking were all the rage. It was a true family haven.

#1 Cottage

After many years of enjoying fishing on the Moon River, Neil Pocock, along with his wife Jean, purchased their family cottage in 1967 on Healey Lake.



#2 The annual Healey Lake Fishing Derby was a highlight of the summer season. Children of the lake enjoyed the spirited competition catching everything from sunfish to rock bass.



#3 Watersports, such as sailing, were popular on the lake. Bright white sails dotted the Healey landscape during the summer months. Racing up the lake, as well as lounging on deck were both popular ways to enjoy the afternoon.



#4 Families enjoyed day trips in the region. Neil Pocock chose basking in the Moon River Falls, 1984.



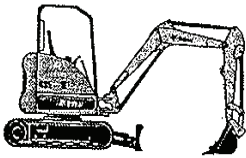
#5 Simplicity was the way of life on Healey Lake. Cottagers used propane to power their homes. Jean Pocock, as pictured here, used washtubs for household chores, such as laundry.



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Timing is everything !

Captured on the Healey Lake webcam July '15

Dave Duggan

The last word

Thanks to all those who contributed to this issue. When I left the Lake last Wednesday for a few days at home, I was determined to get this issue of *Dock Talk* completed before I came back. The problem in doing the newsletter at the Lake is getting *Dock Talk* printed. We still send out a few hard copies to those who request it and printing has always been an 'up North' challenge for me. I do believe I am going to make this self imposed deadline which is largely due to the good Healey Lakers who responded to my call for submissions.

This year, the Massassauga rattle snake is garnering a lot of attention. I note that in 2014, there were 14 bites so with 8 bites so far this year, there is still room to avoid meeting that record. Apparently around this time of year these snakes are on the move looking for a mate and food so the cool evenings make it prime time for roaming. We were surprised to have our very first personal rattle snake visit. Bob retreated quickly from the big rock behind our cottage when the rattle made him aware of the snake's presence. It made us think – we are invading his territory.

Thanks to Nancy Gilchrist for helping us become better informed about the many insects and animals with which we share this little bit of paradise. Nancy never misses with her article. I am also delighted to welcome Ann Pearce's article on bygone days. Ann is of the Pocock clan so she gave us a glimpse of the 'way we were' . Thanks Ann – I do hope we can look forward to more. To Angie, Stephanie, Dave, Grant , Sharon – great job, well done! Thanks!

Thanks also to Chris & Stephanie for getting our ads on a firmer footing. Please support our advertisers: A. K. Hayley Construction & Cottage Care; Bob Barrett Contracting Ltd.
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Dion Construction; Mariner's Cove

We would love to hear from you. So . . . until the next time, enjoy these dwindling, lazy days of summer. *Nancy* rn.simpson@sympatico.ca